



**Know your rights in
pregnancy and birth**

**Birthrights exists to champion your
human rights during pregnancy and
birth across the UK.**

Your Body. Your Birth. Your Rights.



Every human being has the same human rights

- The law gives you the right to make your own decisions about your maternity care.
- You have the right to get the information you need in a way you can understand so you can make these decisions.
- You must be treated with dignity and respect throughout your care.
- And you have the right to say 'yes' or 'no' to any examination or treatment.

Our advice service is provided by English speakers. We are happy to provide advice and information to anyone supporting you who speaks English with your permission.

Scan the QR code to find out more
about your rights
or follow this link:
bit.ly/linktofactsheettranslations

