

Birthrights training

How can we deliver safe and personalised care?

Do women have a right to out of guidelines care?

What really is informed consent?

How do I know if a woman has mental capacity to make decisions in labour?

How can we reduce litigation and complaints in maternity care?

Could we do more to prevent birth trauma rather than treating it?

“An enormous thank you to Birthrights for the hard work and excellent delivery that makes your study days some of the best I have ever attended. ‘Thought-provoking’ doesn’t really cover it – left me totally rethinking my practice and my interactions with women.”

— Midwife, Chesterfield Royal

About Birthrights

Birthrights is the only UK charity dedicated to improving maternity care by promoting respect for human rights. We empower women to know their rights in pregnancy and childbirth through our free advice and resources, support healthcare professionals to deliver rights-respecting care through our training, and change policy and systems through research, campaigns and legal interventions.

We reach over 1,000 healthcare professionals a year through our training and by speaking at key conferences and courses such as the Managing the Labour Ward course, run by the Royal College of Obstetricians and Gynaecologists (RCOG), seminars run by law firms such as Leigh Day and Irwin Mitchell, and national events such as Let's Talk Birth.

Why Birthrights training?

The human rights framework equips midwives and doctors to judge when treatment is never acceptable, when an individual's right to choose needs to be weighed against the rights of others, and how to enable women to make informed decisions about their care. At a time when healthcare professionals are under increasing pressure from competing requirements and stretched resources, human rights law empowers and protects healthcare professionals who put women at the centre of their care.

Evaluation has shown that after our training,

84%

of participants are either 'confident' or 'very confident' in using human rights principles in their practice

(increased from 35% before the session).

Our training covers:

- human rights and where they come from
- key common law judgements relevant to maternity care, including *Montgomery vs Lanarkshire*
- the legal obligations of midwives and doctors, as NHS employees, to deliver human-rights compliant maternity care
- discussion of case studies to embed learning

Birthrights training courses can be tailored to focus on any of the questions overleaf.

We also offer in-depth and practical *communication skills training* on having choice conversations with women and sensitively tackling disrespectful or unsafe behaviour within your team.

Find out more about our courses, prices and booking at www.birthrights.org.uk or email us at info@birthrights.org.uk

Protecting human rights in childbirth